






Monday	Tuesday	Wednesday	Thursday	Friday	<b>Hempfield School District Lunch Program Middle School</b>  <b>Student Meal Pricing:</b> Main Line Meal: \$2.60 Domino's Pizza Meal: \$2.65 Pizza Meal: \$2.65 Salad Bar Meal: \$2.75 Bowl of Soup: \$2.50 Black Knight Meal: \$3.85 Deli Meal: \$3.00 Deli A La Carte: \$3.85 Subway Meal: \$4.30 Subway A La Carte: \$3.50 Milk: \$0.65 Fruit A La Carte: \$0.75  <b>Adult Meal Pricing:</b> Main Line Meal: \$4.25 - \$5.25 Breakfast: \$2.30  <h1 style="text-align: center;">December 2018</h1>  
<b>Daily Lunch Choices</b> Choice #1 Main Event Meal Choice #2 Pizza Meal Choice #3 Deli Meal Choice #4 Salad Meal Options Choice #5 Black Knight Meal		<b>Daily Pizza Choices</b> Monday: Big Daddy's Cheese or Pepperoni Pizza Tuesday: Mickey's Cheese Pizza or Pepperoni Pizza Wednesday: Big Daddy's Cheese or Pepperoni Pizza Thursday: Domino's Cheese Pizza Friday: Big Daddy's Cheese Pizza or Pepperoni Pizza		<b>Hot, Fresh &amp; Healthy Lunch Choices!</b>  <u>Vegetable Bar</u> Carrot Sticks Bean Salad Celery Sticks Fresh Broccoli <u>Available</u> Monday – Thursday	
Balance and purchasing history? Visit: <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a>	<b>Reminder:</b> All students who qualify for a reduced price lunch can eat breakfast for free!		Students choose up to (2) fruits which consists of: juice, fresh fruit, or canned fruit. Students can choose up to (2) vegetables.		
<b>Happy Holidays from the Food Service Department</b>   		<b>Holiday Break</b> <b>December 24 – January 2</b>		<b>Did You Know?</b> Chef choice days allow food service managers to offer a different variety of items to students while maintaining food costs along with keeping inventory low!	
<b>December 3</b> 6PC Chicken Nuggets w/ Texas Garlic Bread Slice Mashed Potatoes & Gravy Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>December 4</b> Walking Taco w/ Beef, Cheese, Salsa, Lettuce, Tomato, & Rice. Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>December 5</b> Chicken Patty Sandwich w/ Lettuce, Tomato, & Pickle Straight Cut Fries Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>December 6</b> Land o Lakes Mac & Cheese Steamy Green Beans Dinner Roll Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Homemade Apple Crisp	<b>December 7</b> Brunch Lunch French Toast Sticks w/ Sausage Links, & Hash Browns Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	
<b>December 10</b> General Tso Chicken Steamy Broccoli & Rice Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Fortune Cookie	<b>December 11</b> Holiday Lunch Turkey w/ Mashed Potatoes, Gravy, Green Beans, Stuffing & Dinner Roll Cranberry Sauce Pumpkin Pie Slice Canned Fruit, Fresh Fruit, & Fruit Juice Milk Choice Pumpkin Pie comes with Main Line holiday meal only.	<b>December 12</b> Hot Ham & Cheese on Pretzel Roll w/ American Cheese Baked Potato Wedges Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice <b>Last Subway Day for 2018</b>	<b>December 13</b> Double Dipper Day 2 Chicken Tenders 2 Max Sticks Marinara Sauce Tossed Salad w/ Dressing Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>December 14</b> Chef's Choice Chef's Hot Vegetable Choice Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	
<b>December 17</b> Chicken Bowl w/ Mashed Potatoes, Gravy, Cheese, Corn, & Bread Choice Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>December 18</b> Double Chicken Fajitas w/ Pepper & Onions, Lettuce, Tomato, Cheese, & Salsa Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	<b>December 19</b> Chicken Patty Sandwich w/ Lettuce, Tomato, & Pickle Golden Potatoes Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Last Day for Salads	<b>December 20</b> Penne Pasta w/Bread Choice Red Sauce w/Meat or Chicken Alfredo Sauce Tossed Salad w/ Dressing Canned Fruit, & Fruit Juice Milk Choice <b>Last Domino's Day for 2018</b>	<b>December 21</b> Chef's Choice Chef's Hot Vegetable Choice Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	

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Balance and Purchasing history? Visit: <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a>	<b>Reminder:</b> The Food Service Department has part time Substitute positions available! Call our office today at 717-898-5566 for further information or go online to apply at <a href="http://www.hempfieldsd.org/apply">www.hempfieldsd.org/apply</a> No Nights, No Weekends, & No Holidays To Work! PAID TRAINING New Hourly Rate \$10.61		<b>Did You Know?</b> When sandwich entrées show with fixings that means sandwiches come with lettuce, tomato, & pickles.	<b>Menu Subject To Change</b>	
<b>December 24</b>  <b>No School</b>	<b>December 25</b>  <b>No School</b>	<b>December 26</b>  <b>No School</b>	<b>December 27</b>  <b>No School</b>	<b>December 28</b>  <b>No School</b>	

**Online Payment:** To view your child's account or to put money in your child's account via credit or debit, please go to My School Bucks to create your free online account, [www.myschoolbucks.com](http://www.myschoolbucks.com). The system only charges a fee when households utilize the online payment options.

**Meal Applications:** For free and reduced breakfast and lunch benefits, apply anytime at [www.ezmealapp.com](http://www.ezmealapp.com).

**PACKERS:** Juice, bottled water, extra servings of fruit, vegetables, snacks, and milk choices are all available to students to purchase a la carte who pack their lunch.

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(800)877-8339 or (800)845-6136(Spanish). For any other information dealing with Supplemental Nutrition Assistance Program (SNAP) issues, persons should either contact the USDA SNAP Hotline Number at (800)221-5689, which is also in Spanish or call the State Information/Hotline Numbers (click the link for a listing of hotline numbers by State); found online at [http://www.fns.usda.gov/snap/contact\\_info/hotlines.htm](http://www.fns.usda.gov/snap/contact_info/hotlines.htm) "In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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